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116th National Day Celebration Report

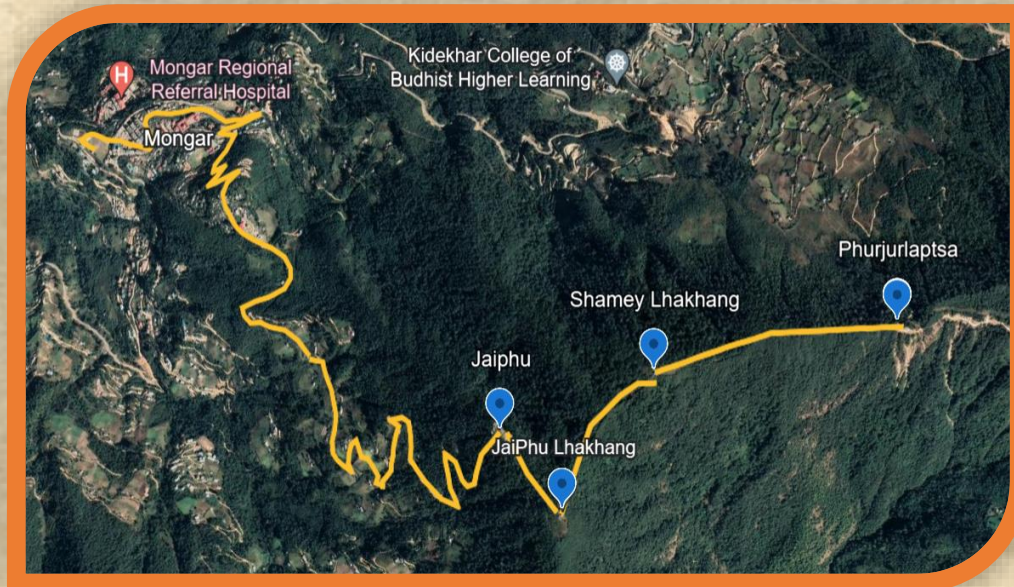


Mongar Dzongkhag Administration

2023

Build Up Programs for 116th National Day

1. HEALTH WALK (13th DECEMBER, 2023)





Mongar Dzongkhag Administration organized 'Health Walk' on 13th December as a part of the 116th National Day Celebration. Approximately 200 participants from regional offices, business community, schools, Mongar dratshang, Gewogs, Dzongkhag staff and the public took part in the walk.

1. Rewo Sangchoe and Moenlam

One of the important segments of the health walk comprised of rewo sangchoe (mountain of smoke offering) and moenlam (prayers). It was presided over by Lam Neten of Mongar Dratshang at three locations: Phurjurlaptsa, Shamey and Jaiphu Pam.



2. The Health Walk

The participants walked along the ongoing construction of the eco-trail from Phujurlaptsa to Jaiphu Pam and then to the town, covering a total distance of approximately 10km. The health walk not only served as a

unifying event for individuals from various institutions but also provided an excellent opportunity for the participants to discover and explore the eco-trail previously unknown to them.





3. Advocacy on NCD and Mental Health

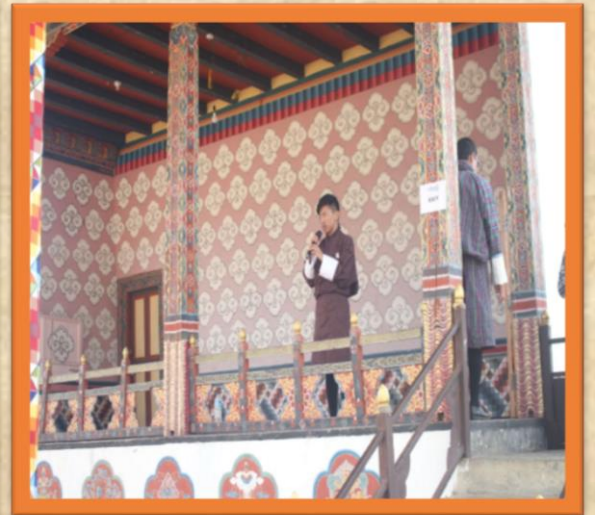
4.

In addition to the health walk, the participants and the public were educated about the non-communicable disease (NCD) and mental health. It was an enriching experience for everyone as NCDs and mental health issues are crucial components of holistic well-being and public health. The informative sessions provided valuable insights, fostering a deeper understanding of these pressing health concerns in our community.

Institutions	Total no. of Participants
Mongar Regional Referral Hospital	33
Mongar Higher Secondary School	30
Mongar Middle Secondary School	10
Kidheykhar Higher Secondary School	10
Ridaza Primary School	2
Regional Offices	50
Dzongkhag	25
Mongar Dratshang	10
Business Community/Public	25
Gewog	5
BBS	2
Total	202

Prepared by Sangay Yangchen (APO), Program Coordinator

1. THE MASS CLEANING CAMPAIGN PROGRAM (14th DECEMBER, 2023)

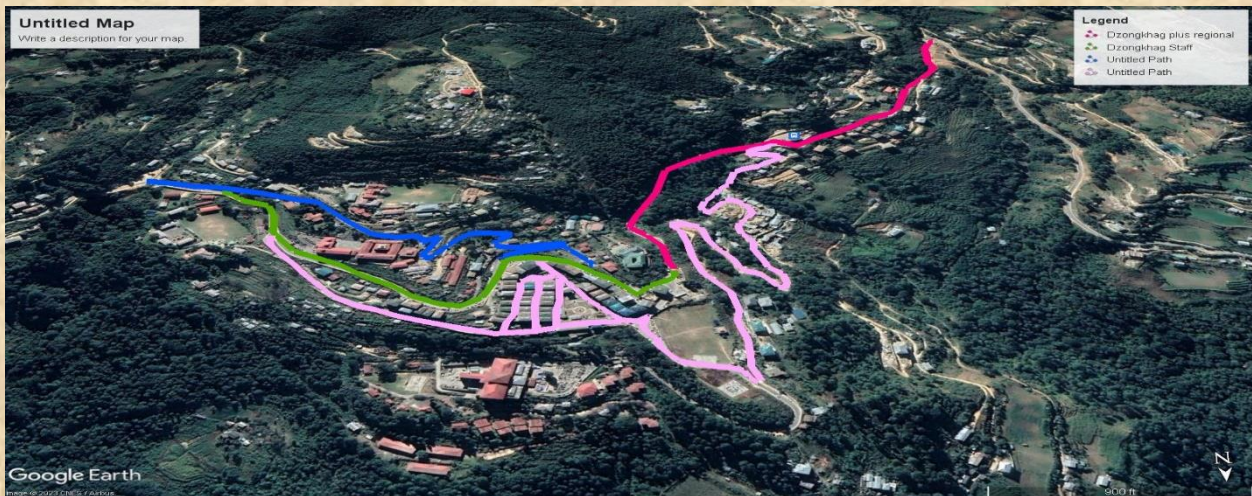


The Mongar Dzongkhag Administration conducted 'Mass Cleaning Campaign' on 14th December, 2023 as a part of the preparations for the 116th National Day Celebration.

The Awareness programs

The campaign was begun with awareness program. The general public and the participants were sensitized on the theme, 'My Waste, My Responsibility' and the vision of Zero Waste by 2030. There were approximately about 300 participants from Regional offices, De-Suups, Dzongkhag, Business community, Gewog, RBP, Dratshang. After the sensitization, the participants dispersed to their allocated areas.

The Cleaning Campaign



The campaign was started by Rangwangyoe till Ridaza. The participants were divided into four groups and allocated in different areas.



The participants had cleaned their designated areas thoroughly and had collected large amount of waste (approx. 2DCM trucks & 8boleros). Moreover, they had swept and uprooted the weeds wherever required. The Regional Staff, Business Community, and Dzongkhag Staff had done the cleaning starting from Rangwangyoe covering town area till welcome gate of Mongar Town whereby, Dessups had done the cleaning from Rangwangyoe till Kilikhar Dessup Park. The Mongar Gewog Administration had taken a mass cleaning campaign from Kilikhar to Korila and Ngatshang Gewog had taken the initiative in cleaning Yadi town. Similarly, the business community from Gyelpozhing and Lingmithang had initiated the mass cleaning campaign in their own vicinity. The Mongar Rabdhay, RBP, Hospital and Schools had done the same in their own surrounding areas.





Sl.No	Place/Area	Amount
1.	Mongar town areas (Changshikpek-Ridaza)	Approx. 4 bolero loads of waste
2.	Changshingpek to Kilikhar	Approx. bolero load of waste
3.	Kilikhar to Korila	2 bolero loads of waste
4.	Yadi to Korila	1 bolero load of waste
5.	Gyelpozhing and Lingmithang	1 DCM load of waste
6.	Ganggola to Chali	1 bolero load of waste

The table shows the amount of waste collected from within the Mongar Dzongkhag.

The Mass Cleaning Campaign was a great success. The campaign was not only to dedicate the 116th National Day Celebrations but it was also to fulfill and achieved the objective of Zero Waste Hour which targeted to create Bhutan free from waste by 2030 initiated by Her Majesty the Gyaltsuen (Royal Patron of Environment). The campaign went very smoothly and was a great success due to collaboration and team work of everyone.

Report prepared by- Rinchen Wangda (EO), Program Coordinator

2. Royal Civil Service Award (RCSA) Ceremony (15th December, 2023)

The Dzongkhag Administration, Mongar organized the Royal Civil Service Award Ceremony for the year 2023 at the Dratshang Kuenrey on 15th December 2023. The program started with the Hon'ble Chief Guest lighting the butter Lamps followed by Marchhang Ceremony and offering of His Majesty's Zhabten.





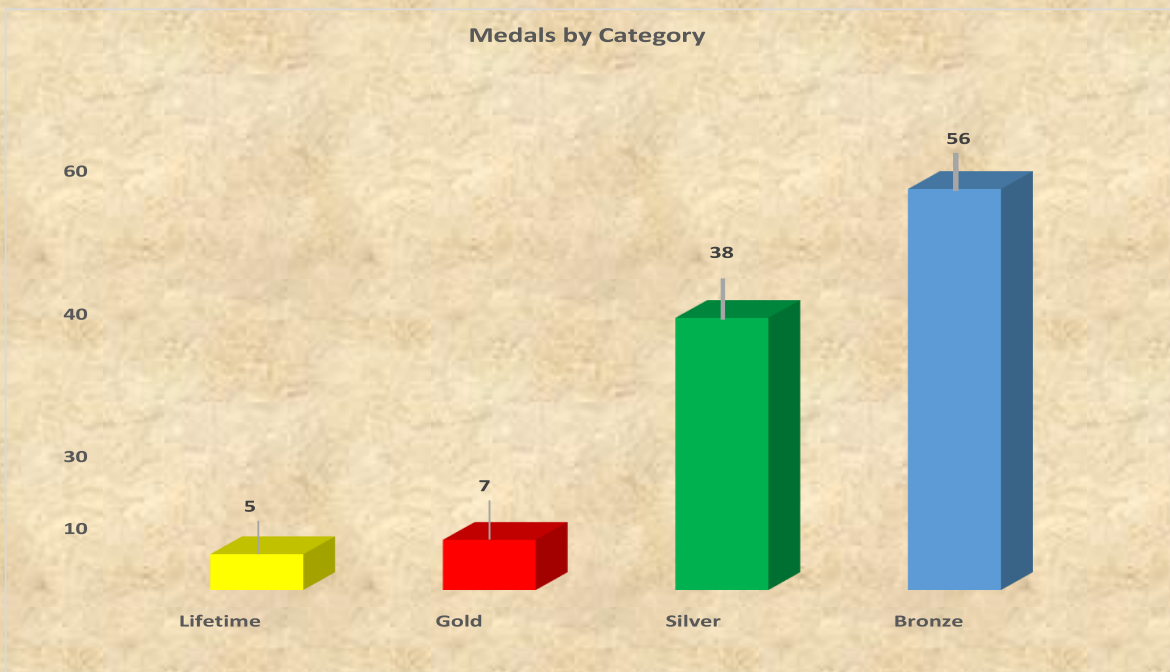
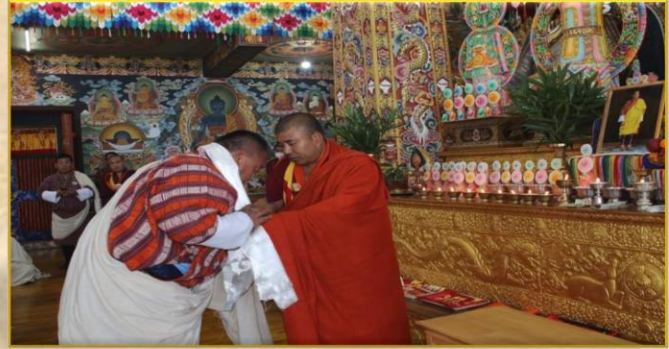
A total of 106 out of 141 recipients from various professional groups within the Dzongkhag Administration and 11 other regional offices, including MRRH, DFO, ARDC (Wengkar), Bhutan Post, RoICE, DoST (Lingmethang), NRDCL, NPPF, BPC, Kurichu HP, and Dzongkhag Court, were honored with Civil Service Medals



Sl.No.	Agency	Total	10 yrs (Bronze)	20 yrs (Silver)	30 yrs (Gold)	Life Time
1	MDA	68	40	22	1	5
2	MRRH	23	15	7	1	
3	DFO	7	2	4	1	
4	ARDC, Wengkhari	9	4	1	2	2
5	Bhutan Post	1		1		
6	RoICE	1		1		
7	DoST, Lingmethang	3	3			
8	NPPF	1	1			
9	BPC	7	2	4	1	
10	Kurichu	17	4	9	4	
11	NRDCL	3	3			
12	Dzongkhag Court	1	1			
	Grand Total	141				



Medallions received khadar and service medals from Ven. Lam Neten and Dasho Dzongdag across four categories: Lifetime Medal, Gold Medal (30 years of service), Silver Medals (20 years of service), and Bronze Medals (10 years of service).



Prepared by -Wangchuk Lhamo, HRO, Program Coordinator

3. NANGTEN JELKHA AND KURIM PROGRAM (16 DECEMBER, 2023)

The Mongar Dzongkhag Administration, in collaboration with Mongar Rabdey, unfurled the Guru Rinpoche Thongdrel and displayed sacred Nangtens today at the Mongar Norbu Choeling Dzong as part of the build-up program for celebrating the 116th National Day. Additionally, the Mongar Norbu Choeling Dratshang conducted 'Zhabdrung Daknangmai Sungchok' and offered Soelkha to the Goenpo Chamdrel as a kurim. Hundreds of people gathered to offer prayers and receive blessings.



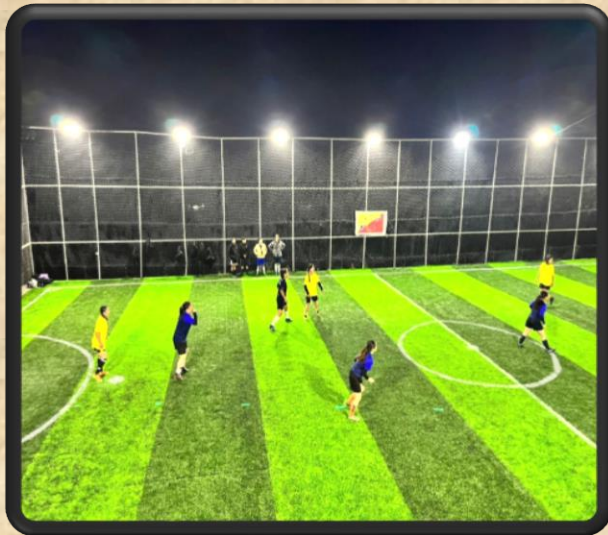
4. WHITE WASHING OF CHOETENS IN THE GEWOGS

As part of the 116th National Day Celebration, Gewogs under Mongar Dzongkhag has carried out white washing of old choetens and also cleared the bushes of the choetens.



5. FUTSAL AND BASKETBALL TOURNAMENT





Men and Women Open Futsal Tournament was conducted as a part of build program for the celebration of 116th National Day. The Gyalpozhing Wome's team won in the women category and the team, Revival FC won in the men's category. The winner and the runners up prizes are awarded during the celebration of 116th national day at public ground.

CELEBRATION OF 116TH NATIONAL DAY, 17 DECEMBER 2023 PUBLIC GROUND, MONGAR

The 116th National Day of Mongar Dzongkhag Administration was celebrated at the Public Ground, with attendees including Mongar Rabdey, regional heads, sector heads, RBP, De-Suup, schools, the business community, and the public of Mongar. A variety of cultural performances, including the indigenous song "Azhang Gawai" by the community of Konbar and Takchu under Mongar Gewog, added to the festivities. Additionally, prizes for futsal and basketball runners up, held as a build-up program for the 116th National Day, and were awarded. A lucky draw, sponsored by numerous proprietors, added an element of excitement. The event concluded with a Tashi Labey, echoing the spirit of celebration











During the celebration, lucky draw was conducted. The prizes are sponsored by numerous individuals as mentioned in the photos below

116th National Day Celebration Lucky Draw		
List of Contributors		
Sl. No.	Company Name	Place
1	M/s DRC Enterprise	Mongar
2	M/s Choden Colth Shop	Mongar
3	M/s Zhongar Hotel	Mongar
4	M/s Dragon Consultancy	Mongar
5	M/s Dargayling Hotel	Mongar
6	M/s Newlee Workshop	Mongar
7	M/s Tshoksum Builders	Mongar
8	M/s Doksumpa Traders	Mongar
9	M/s Sherub Dorji T/khang	Mongar
10	M/s Newlife Enterprise	Mongar
11	M/s Tashi Wangyel T/khang	Mongar
12	M/s Tsara Ranam Construction	Mongar
13	M/s Main Liquor Shop	Mongar
14	M/s Namgay Jorphel Hotel	Mongar
15	M/s Miniso	Mongar
16	M/s Rinzin Construction	Mongar
17	M/s TT Workshop	Mongar
18	M/s Narbu Car Wash	Mongar
19	BOD, Manager	Mongar
20	M/s Himalayan Arts	Mongar
21	M/s Brother Optical	Mongar
22	M/ Sonam Dargayling Enterprise	Mongar
23	M/s Wangchuk Hotel	Mongar
24	M/s Green Tect Enterprise	Mongar
25	Lhawang Enterprise	Mongar
26	M/s Sangay Enterprise	Mongar
27	M/s NNC Sales	Mongar
28	M/s Chethun Construction	Mongar
29	M/s Kuenchab Muensel Brick	Gyalposhing
30	M/s Phuntsho Dargayling Enterprise	Gyalposhing
31	M/s Dorji T/khang	Gyalposhing
32	M/s Sonam Tobgay Shop	Gyalposhing
33	M/s KT Workshop	Gyalposhing
34	M/s Yongphel Buiders	Gyalposhing
35	M/s TT center , Zangdopelri Complex	Thimphu
36	M/s Perfect Builders Stores Ltd	Phuentsholing

Tashi Delek



Compiled by Tshering Phuntsho

Culture Officer